



BCM ARYA INTERNATIONAL SCHOOL
SHASTRI NAGAR, LUDHIANA



Invoking Success through Hawan Ceremony

The school organised a serene and spiritually uplifting Hawan Ceremony for students appearing in the board examinations. The sacred ritual was conducted to invoke divine blessings for their success, focus, and well-being.

Amidst the chanting of Vedic mantras and the positive aura of the hawan, students experienced a sense of calm, confidence, and positivity. The ceremony aimed to strengthen their inner resolve and reduce exam-related stress, encouraging them to perform to the best of their abilities. The School Director Dr. Paramjit Kaur blessed the students and prayed for their good performance in the examinations, motivating them to stay confident and give their best.

BCM ARYA INTERNATIONAL STUDENT TOPS THE WORLD IN CAMBRIDGE EXAMINATION



BCM Arya International School brought international recognition to the city as Gravleen Kaur secured the prestigious "Top in the World" award in Cambridge International Education AS Level Information Technology for the March 2025 examination series. Principal Dr. Jasneev Seth congratulated the student on this outstanding global achievement, which reflects the school's commitment to academic excellence and international standards in education.



EY-NICHE



Our curious Kindergarten learners recently embarked on a joyful journey to explore the five elements of nature – fire, earth, sky, air, and water. Through hands-on activities, sensory play, and interactive discussions, the children discovered how each element plays an important role in our everyday lives.

From feeling the texture of soil, observing the movement of air, to understanding the importance of water and the warmth of fire, the young minds were fully engaged and excited. The activity not only enhanced their awareness of the natural world but also nurtured observation skills and curiosity.

5 ELEMENTS OF MOTHER EARTH



KG ACTIVITIES

KITE MAKING & BALANCE AND MOVE

SPIN TO FEEL



PUBLIC SPEAKING



MEANS OF TRANSPORT & HOPSCOTCH



Immersed in the colours of Holi



Happy Holi





EXCURSION & VISITS

Trip to Zapp



Visit to LPU



The teachers of BCM Arya International School visited Lovely Professional University for a professional enrichment programme. The faculty explored the university campus and attended informative sessions on modern teaching practices and emerging educational trends. The visit was enriching and inspiring for all the educators.



SCINTILLATING PERFORMANCE

Students of Class IX and X participated in the On-the-Spot Event – Idea Tree held at Panjab University, Chandigarh on 11th March 2026. Students performed exceptionally well and won vouchers worth ₹1000 for each team along with gift hampers



SPORTS (INTER & INTRA)SCHOOL

Reet Garcha of Class IX participated in the Chess Competition held under the Open Category at BCM School, Lalton and secured the 2nd position.



ANNUAL SPORTS DAY

Echoes of Energy, Passion and Victory

The Annual Sports Day of B.C.M. Arya International School was celebrated on the school premises with great enthusiasm, excitement, and a true spirit of sportsmanship. On this occasion, students from Pre-Nursery to Class VIII participated with immense zeal, discipline, and confidence.

The programme commenced with a March past by the students, followed by the hoisting of the school flag and the oath-taking ceremony. Thereafter, a variety of thrilling track and field events were organised, including 100-metre and 200-metre races, relay races, long jump, high jump, three-legged race, sack race, and several other fun-filled games. The Principal, Dr. Jasneev Seth, lauded the students for their energetic participation and highlighted the importance of sports in building discipline, teamwork, and a healthy body and mind and congratulated winners.



Scouts and Guides Training Camp



The school successfully conducted a Scouts and Guides Training Camp from 21st January 2026 to 23rd January 2026 for students from Stage 2 to A Level, including both boys and girls. The camp aimed at instilling discipline, teamwork, leadership, and life skills among the participants. Students actively participated in various training sessions and activities conducted during the camp.



Workshops & Webinars

BY PRINCIPAL

- Webinar on Strengthening Cambridge Global Perspectives Delivery – Planning, Skills, Research & Assessment conducted by Mr. Nikhil Pant on 22nd January 2026.
- Cambridge New School & New Teacher Orientation w.e.f 16th February 2026 to 18 February 2026.
- Webinar on “Is Visibility overtaking Credibility in Pre School Marketing and publicity”.
- Attended IB Global Conference from 24th March to 29th March 2026.



Workshops & Webinars attended by Teachers

- Ms. Harinder along with four students Vivaan Raheja & Panache of class IX, Hunarveer, Harpavit of class X attended Grand Finale and Finale Pitch of the school, Youth Ideathon, IIT, New Delhi w.e.f 17th January to 19th January 2026 (selected in 125 tops).
- Ms. Payal along with Gravleen of Class XII attended Award ceremony in Bangalore w.e.f 22nd January to 25th January 2026 for Cambridge Outstanding Learner Awards for the November 2024 and March/ June 2025 series in subject-IT.
- Dr. Kritika attended Webinar on Strengthening Cambridge Global Perspectives Delivery: Planning, Skills, Research & Assessment conducted by Mr. Nikhil Pant on 22nd January 2026.
- New Teachers attended webinar on Cambridge New School & New Teacher Orientation w.e.f 16th February 2026 to 18 February 2026.
- Maths teachers attended series of Lower secondary Mathematics w.e.f 16th February to 20th February.
- KG Teachers attended webinars - Playful Explorer by Jemma Joakin, Getting the Room Right by Sam Wass, Everyday Creativity by Dr. Penny Hay on 10th March, Playful Pathway in Mathematics by Dr. Alison, Playful Parenting by Paul Ramchandani, Playful Ways to Bring Reading to Life by Jemma Joakin and Charlotte Bras on 11th March 2026, Let's Move: Importance of Play in Early Years by Phillipa Himes, Building Self-Regulation by Dr. Rose, Global Voice: A Conversation for Early Years Educators by Suzi Haigh and Panel on 12th March 2026
- Primary teachers attended webinars focused on exploring curriculum resources and effective pedagogical practices from 3rd March to 16th March 2026.
- Middle school teachers attended webinars on curriculum resources and effective pedagogies at the IGCSE level from 17th March to 31st March 2026.
- KG teachers attended webinar Building resilience, relationships and self-regulation through play on 18th March 2026.
- Interactive Session was conducted by Ms Namika & Ms. Palkin on 23rd March 2026
- Meditation Session was conducted by Ms. Sakshi & Ms. Palkin.
- Wellness Session conducted by Dr. Kritika on 24th March 2026



Dear Students and Parents,

Good health is the foundation for happy learning and active school life. When children are healthy, they are better able to focus in class, participate in activities, and enjoy their time at school. Developing simple healthy habits at a young age helps build strong bodies, sharp minds, and confident individuals.

☀️ Healthy Habit of the Month – Don't Skip Breakfast!

Breakfast is the fuel that helps your brain stay active during morning classes. A nutritious breakfast such as milk, fruits, eggs, or whole grains provides the energy needed to concentrate and participate actively in school.

💧 Water Break Reminder

Children often forget to drink water during busy school hours. Staying hydrated helps prevent fatigue, headaches, and lack of concentration. Students are encouraged to carry their own water bottles and take regular water breaks.

🧼 Hygiene Check

Good hygiene protects us and our friends from infections. Students should remember to: Wash hands before meals and after using the restroom

Keep nails trimmed and clean

Cover their mouth when coughing or sneezing

🦷 Smile Care

A healthy smile is important for overall health. Brushing teeth twice daily and limiting sugary snacks can help prevent cavities and maintain strong teeth.

🧠 Mind Matters

School life can sometimes feel stressful. Students should feel comfortable talking to teachers, parents, or the school medical staff if they feel anxious, tired, or unwell. A balanced routine with study, play, and rest helps maintain a healthy mind.

? Health Question of the Month

Why is sleep important for students?

Because sleep helps the brain rest, improves memory, and keeps the body strong for the next day of learning and activities.

🌱 Remember: Healthy habits today build a strong and confident future. Let us work together to create a safe and healthy environment for every child.

Dr. Kritika Malhotra
Medical Officer



Bloom Forward

As the session draws to a close, it is the perfect time to pause and look back at how far you all have come. This year has been a journey of growth, and each of you has shown a unique kind of strength in navigating its ups and downs. Whether you reached the goals you set in the beginning or discovered entirely new interests along the way, you should be incredibly proud of the person you have become over these past months.

While saying goodbye to one chapter, one can feel bittersweet; but, it is also the threshold of a beautiful new beginning. We encourage you to carry the lessons you've learned and the friendships you've built into the future with a sense of hope and excitement. The road ahead is full of possibilities, and you have already proven that you have the resilience and the heart to meet whatever comes next. As you move forward, keep that bright outlook and remember that every ending is simply a stepping stone toward a fresh start. Take this time to rest, reflect on your achievements, and dream big about what is to come.

Congratulations on finishing this session with such grace. We are excited to see the wonderful things your future holds!

Namika Gumber
School counselor

Students' Alcove

Hope's Beacon

My heart is a flickering candle,
In a world so cold and dark.
The weight of every harsh defeat,
Has left its heavy mark.
My tears, like wax, drip from the flame,
As my spirit fades from sight.
My strength, once fuel, now runs so low,
I whisper, "There is no light..."
Then, through the gloom, a radiance rose,
A hand reached out to find me.
A gentle whisper stirred my soul,
"The darkness cannot bind thee."
The moment I believed, the change began,
A miracle, steady and true.
My heart relit—no candle now—
A lighthouse, bright and new.
I asked the light, "Who are you?"
With a voice like a calming sea,
He smiled and said, "I am Hope,
The lighthouse inside of thee."



-Hannah Shreshta Baer
Stage 9

अनुशासन और मेहनत सफलता की कुंजी

अनुशासन से सजता जीवन, राहें होतीं आसान।
समय का जो मान करे, वही पाता सम्मान।
सुबह उठकर लक्ष्य बनाना, दिनभर उसको पाना।
छोटे-छोटे कदम बढ़ाकर, आगे ही बढ़ते जाना।
मेहनत की मीठी छाया में, सपने लेते रूप।
दिन-रात जो प्रयास करे, चमके उसका स्वरूप।
कठिनाइयाँ चाहे आएँ, न घबराना, न रुकना।
हिम्मत से हर बाधा को, हँसकर आगे बढ़ना।
परिश्रम का फल मीठा होता, यह सबने माना है।
सच्ची लगन और मेहनत से, हर सपना सजाना है।
अनुशासन सिखाता हमको, जीवन जीने की राह।
नियमों का पालन करके, मिलती सच्ची चाह।
जो अपने कर्तव्य निभाए, वही होता महान।
मेहनत और अनुशासन से, बढ़ता उसका मान।
न रुकना, न थकना कभी, बस आगे बढ़ते जाना।
हर मुश्किल को पार कर, मंज़िल को है पाना।
अनुशासन और मेहनत से, खुलते हर द्वार।
यही सफलता की कुंजी है, यही जीवन का सार।

Mon École

Mon école est très jolie,
J'y vais chaque jour avec envie.
J'apprends, je lis, je joue aussi,
Avec mes amis, je souris.
Les professeurs sont gentils,
Ils nous aident avec patience aussi.
Dans la classe, nous travaillons bien,
Pour construire un beau demain.
J'aime mon école de tout mon cœur,
C'est un endroit plein de bonheur.

Ms. Amandeep Kaur
French Teacher

पिंकी मंडल
हिंदी अध्यापिका

AI in Education

Artificial Intelligence (AI) is transforming education by making learning more personalized, interactive, and efficient. It helps students understand concepts better and supports teachers in creating engaging learning experiences.

Ethical Use of AI – What Students Should Follow:

- Be original: Use AI for ideas and guidance, not for copying answers.
- Acknowledge help: Mention when AI tools are used in assignments.
- Think critically: Don't rely blindly—analyze and verify information.
- Protect privacy: Never share personal or sensitive information with AI tools.
- Use responsibly: Balance AI use with your own effort and creativity.

AI is a powerful tool—use it wisely to learn, create, and grow, while staying responsible, honest, and mindful of its impact on yourself and others.



From the Principal's Desk

Navigating New Horizons: A Reflection on Our Journey

As the curtains draw on another academic year, we find ourselves at significant crossroads of reflection and anticipation. This session has been a testament to our collective resilience and our unwavering commitment to excellence. From the vibrant energy of the Annual Function to the disciplined spirit displayed on Sports Day, every milestone has reinforced the core values that define our school community.

By fostering a culture of academic integrity and inquiry-based learning, we are not merely preparing students for examinations, but for the complexities of a rapidly evolving world. Our students' consistent success in international arenas—from NASA challenges to prestigious Olympiads—serves as a powerful reminder that there are no limits to what can be achieved with dedication and a growth mindset.

I extend my deepest gratitude to our educators, parents, and stakeholders for their steadfast support. To my students: may you continue to strive for "Higher, Stronger, Brighter."

We look forward to welcoming you back for a new session filled with fresh opportunities and even greater achievements.

Dr. Jasneev Seth
Principal

Editorial

Dear Students,

In an era increasingly obsessed with immediate results, we often overlook a foundational truth: success is rarely a stroke of luck. Instead, it is the deliberate harvest of dedication, discipline, and relentless effort. When you commit sincerely to your goals, you forge something far more valuable than academic credentials—you cultivate the psychological fortitude of responsibility and perseverance.

True education extends well beyond the margins of a report card. The real triumph lies in character, transforming young minds into resilient, empathetic, and self-assured individuals. On this journey, setbacks are not indictments of your capability, but essential catalysts for your growth.

By fusing positive thinking with consistent action, the seemingly unattainable becomes possible. Ultimately, the blueprint for great achievement demands no secret formula; it requires only a steady, honest refusal to give up.

Ms. Gurmeet Kaur
Editor in Chief